



The community is invited to a free fun day at the City of Vero Beach Recreation Department's outdoor activity center. Families are invited to spend the day taking full advantage of the facility which includes the pool, exercise facility and special programs running for the day! The morning will start at 7:00 a.m. with coffee provided by Starbucks. The City of Vero Beach Recreation Department will be serving a hot dog lunch starting at 11:00 a.m. and an ice cream social will be provided at 1:00 p.m. by the Mental Health Association of Indian River County.

Schedule of events for the day:

9:30 a.m. - Water Aerobics with JAS Fitness

10:00 a.m. - Yoga Class with Annie

10:30 a.m. - Aerial Antics Youth Circus Performance

11:00 a.m. - Turkey Shoot Basketball (3 point) Contest with JAS Fitness

